



# CLWR We Care Project

The We Care Project is a simplified way of ensuring your donated goods can be effectively used by CLWR. By following the We Care instructions, you are helping us make timely and efficient overseas shipments.

## A hands-on project for all ages

Brighten the life of needy children and mothers in refugee camps with these cheerful, practical, cotton bags. Made by artisans in India, they come in two styles—handbag or backpack.

## How the project works:

- Order your We Care bags from CLWR
- Assemble one of the standard CLWR kits—baby bundle, school pack, hygiene kit, etc.
- Place the kit in the We Care bag
- Ship the completed bag to CLWR
- CLWR ships the bags for distribution to people in need.

## Suggested donation for each bag—\$5

Your donation covers the cost of the bag and transportation of the kits overseas. The added bonus? The tote bags remain useful for years to come—a reminder of the compassion of strangers thousands of kilometres away.

## Can quilters participate in the We Care project?

Yes! Quilters and people sewing blankets are encouraged to request We Care labels from CLWR. These cheerful labels can then be sewn onto the quilts, blankets or comforters. Again, a donation of \$5 per label is encouraged to cover the cost of shipping the items overseas.

## HYGIENE KIT

Basic toiletries for someone who has lost everything.

- 1 nail file (4"—10 cm)
- 1 small tube or plastic jar Vaseline (leave in box)
- 1 pocket pack of disposable tissues
- 1 bar soap (new and wrapped), 1 toothbrush
- 1 box of 12 bandage strips
- 1 coarse comb
- 1 washcloth, 1 towel (16"x25"—40.6 x 63.5 cm)

Arrange items on a piece of lightweight cardboard (6"x8"—15 x 20 cm) and secure with tape. Wrap in the towel, label "Hygiene Kit," tie with string and place in a We Care bag or backpack.

Due to health and safety concerns, please do not include **toothpaste** in any We Care kit. Mark each kit "no toothpaste". We do still need toothpaste! Please send separately from kits ensuring that:

- Toothpaste has the Canadian Dental Association seal of approval.
- Toothpaste is marked with an expiry date that is at least one year from the date of purchase

Make your children's kit into a **Christmas Kit!** Just attach a toy with string, tape or a rubber band to the outside of the kit. The toy should be a solid rubber/foam ball, plush toy or durable item not requiring batteries or assembly.

## CHILDREN'S KIT

Something kids can proudly call their own.

- 1 large writing pad (8"x10"—20.3 x 25.4 cm)
- 5 unsharpened pencils, 1 metric ruler, 1 pencil sharpener, 1 eraser
- 1 bar soap (new and wrapped), 1 toothbrush
- 1 hand towel (approximately 26" long—66 cm)
- 1 washcloth, 1 small coarse comb
- 1 pocket pack of disposable tissues

Arrange all items on the writing pad. Label "Children's Kit" and secure items with string or scotch tape. Ideal kit for the We Care backpack.

## BABY BUNDLES

**Soft, warm and practical for mothers welcoming their newborns.**

- 2 gowns (knit or flannel) or 2 light sleepers
- 2 shirts
- 2 receiving blankets (28"x36"—71 x 91.4 cm)
- 2 safety pins
- 2 washcloths, 4 cloth diapers (27"x27"—68.5 x 68.5 cm—not the fitted kind)
- 1 sweater

*Wrap each bundle in one of the receiving blankets and secure with safety pins. Please do not wrap individual kits in plastic or put in individual boxes before placing in We Care bag.*

## PERSONAL KIT (WOMAN/GIRL)

**A few essentials to ease the hardships.**

- 1 face cloth, 1 hand towel
- 1 pocket pack of disposable tissues
- 1 bar soap (new and wrapped), 1 toothbrush
- 1 blouse and 1 skirt or 1 dress
- 1 sewing packet (needles, thread, buttons)

## PERSONAL KIT (MAN/BOY)

- 1 face cloth, 1 hand towel
- 1 pocket pack of disposable tissues
- 1 bar soap (new and wrapped), 1 toothbrush
- 1 sport or dress shirt, 1 pair of pants

*Package separately and mark type of kit and the size (Small, Medium or Large).*

*For Girl's and Boy's kits mark type of kit and approximate age the kit is intended for. Place the kit in a We Care bag or a knapsack. Remember, kids love backpacks!*

## SCHOOL PACK

**Something to brighten a student's life where school supplies are scarce.**

- 3 notebooks (approximately 8"x10"—20.3 x 25.4 cm)
- 1 ruler (12"/metric)
- 1 pencil sharpener, 1 eraser
- 6 unsharpened pencils with erasers
- 1 pack of 12 or 16 pencil crayons

*Ideal for the We Care backpack.*

## SEWING KIT

**Invaluable when money is tight.**

- 1 package hand sewing needles
- 3 yards (3 metres) of cotton/cotton blend, solid or print material
- 1 spool matching thread
- 1 card of 6 buttons or 6 matching used buttons secured together

*Wrap all items inside the fabric and tie with string or strip of fabric. Place in We Care bag or backpack.*

## SOAP

**Essential for maintaining hygiene among refugees and others displaced from their homes.**

Talk with local hotel or motel managers and explain what CLWR does and ask to pick up discarded soap regularly. The soap will stay cleaner if motel personnel can separate it from other trash as they collect it. If wrappers are dry and in good condition, do not unwrap. Separate from unwrapped soap and pack in separate boxes.

*Package clean, dry, unwrapped pieces with nylon net. Wrap in plastic bags and fit into a box which will weigh no more than 40 pounds (18 kilos). Tape securely and label "Soap."*

**Cash contributions are always appreciated to help pay shipping costs—currently 90 cents per pound. Please limit your generosity to the items requested for each kit.**

## QUILTS AND BLANKETS

**A much-appreciated gift of comfort, warmth and shelter.**

- Quilts should be 60"x80" (1.5 x 2 metres)
- Use any good new or used fabric except fibreglass
- Durable, discarded clothing, drapes, bedspreads, etc. may be used
- Use large pieces rather than small ones; machine-sewn, simple, sturdy quilts are best
- Tie layers together with yarn or floss
- Quilts should be medium weight, about 3 to 4 pounds (1.3 to 2 kilos)

*Blankets should be clean and in good condition. Do not purchase new blankets. Sending cash to purchase new blankets abroad is more economical. Join the We Care project by sewing a We Care label onto the quilt.*

## THESE ITEMS ARE ALSO WELCOME

- Children's crib quilts or blankets (40"x50"—102 x 127 cm)
- Knit afghans or lap robes—assorted sizes
- Cloth bandages for people with leprosy. The 4"-wide bandages are made from cotton blend sheeting—white or coloured—rolled into 4" diameter rolls (10 cm)
- Hospital supplies
- Gowns made from men's shirts with collars removed
- Knitted pneumonia vests for infants

## THESE ITEMS ARE NOT ACCEPTED

- Adult bulk clothing—except sweaters and sweatshirts
- Socks
- Cloth handkerchiefs
- Toothpaste not bearing the Canadian Dental

Association seal or with an inappropriate expiry date

- Underwear

*Due to new international regulations and standards it is imperative that all kits contain only the items listed. CLWR will examine all new kits to ensure that they conform to specifications, with extra items removed. Please call with any questions, 1.800.661.2597, or email [patrick@clwr.mb.ca](mailto:patrick@clwr.mb.ca).*

## SHIPPING INSTRUCTIONS

Kindersley Transportation, Gardewine North and Home Hardware Stores Ltd. graciously continue to provide delivery service without cost to congregations. Items destined to CLWR's warehouse in Winnipeg are collected from points along their delivery routes. Shipping labels are available from the CLWR office in Winnipeg.

### In Eastern Canada

To: Home Hardware Stores Limited  
34 Henry Street West, St. Jacobs ON N0B 2N0

#### FOR FORWARDING TO:

Canadian Lutheran World Relief  
1080 Kingsbury Avenue, Winnipeg MB R2P 1W5

### In Western Canada

To: Kindersley Transport  
Ridsdale Transport  
Gardewine North

#### FOR FORWARDING TO:

Canadian Lutheran World Relief  
1080 Kingsbury Avenue, Winnipeg MB R2P 1W5

Gardewine North provides delivery service from Thunder Bay west to Manitoba including northern Manitoba.

*Items shipped by other carriers should be sent pre-paid to CLWR in Winnipeg. Please do not exceed 40 lbs/18 kg per box.*



**Canadian Lutheran  
World Relief**

Canadian Lutheran World Relief  
1080 Kingsbury Avenue  
Winnipeg MB R2P 1W5

TELEPHONE 1.800.661.2597  
EMAIL [clwr@clwr.mb.ca](mailto:clwr@clwr.mb.ca)  
WEBSITE [www.clwr.org](http://www.clwr.org)