

**PLEASE CHOOSE THE GIFTS YOU WANT TO SEND!**

	Quantity	Cost	Total
 A fish net		\$15	
 A sack of potatoes		\$30	
 A flock of chickens		\$45	
 A pair of goats		\$60	
 A garden		\$75	
 A bamboo granary		\$250	
 Two cows and a plough		\$500	
 Training for teachers		\$20	
 Business skills		\$100	
 A solar lighting panel		\$320	
 A medical kit		\$50	
 A water quality testing kit		\$500	
 A fuel-efficient stove		\$20	
 A grove of trees		\$50	
 A helping hand		\$75	
A gift where needed most		\$	
	<b>Total:</b>		

Yes, please send me \_\_\_\_ acknowledgment cards that I can forward to my gift recipient(s).

Gift orders must be received by December 1 in order to guarantee delivery of acknowledgment cards in time for Christmas. Please consider ordering online for quicker processing and the ability to send an e-card to your recipient.

**It is easy to order your gifts for all occasions!**

Choose from one of three simple order methods below:

1. Select your gifts online at [www.clwr.org](http://www.clwr.org) and send a free e-card to your recipient

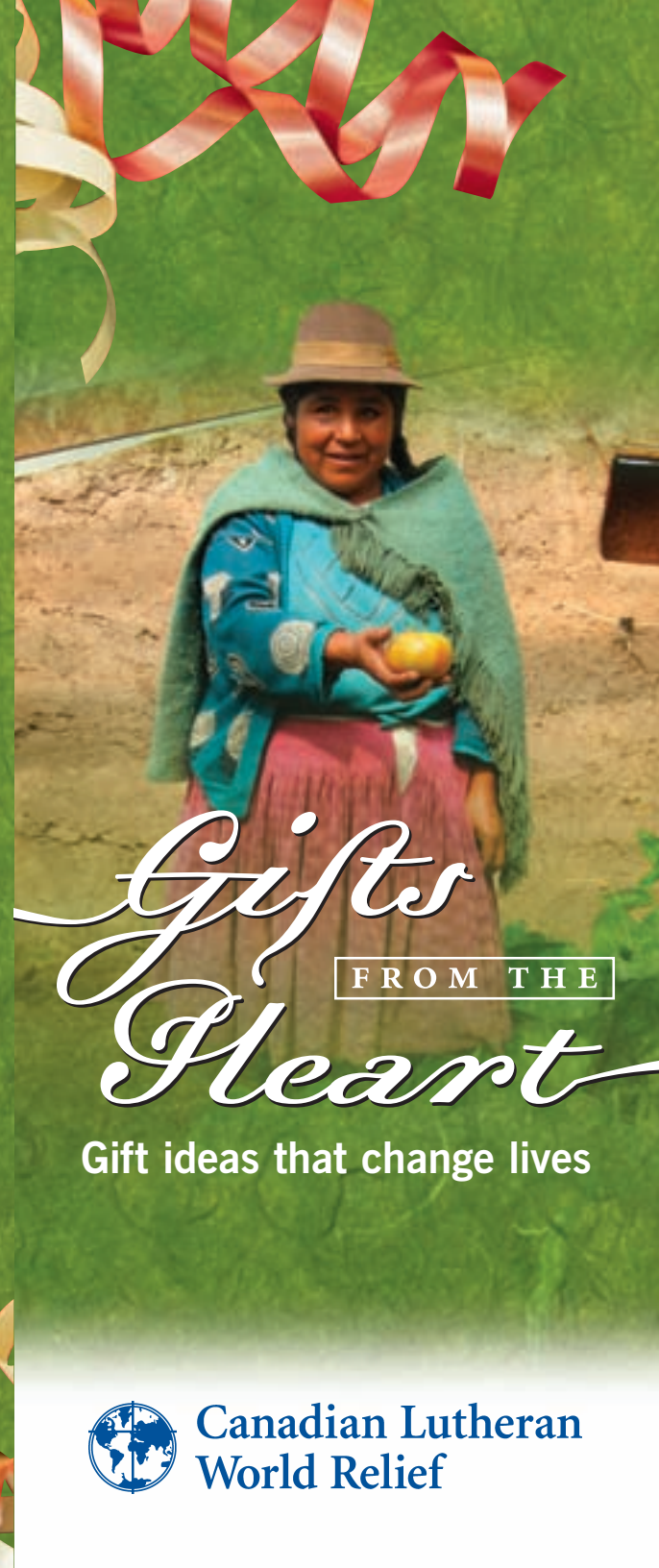
OR

2. Mail in the attached order form

OR

3. Call 1.800.661.2597

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*Gifts*  
 FROM THE  
*Heart*

Gift ideas that change lives



**Canadian Lutheran World Relief**

# Heart

GIFTS FOR *EVERYONE* ON YOUR LIST,  
*ANY TIME* OF THE YEAR

Your gifts will:



Feed Families



Provide Knowledge



Improve Health



Preserve Creation



Offer Service

This catalogue contains gift items that symbolically represent the work of CLWR. Your gift purchases will be used where needed most to help people living in poverty throughout the world.

An official tax receipt will be issued for the total value of gifts purchased.



# Gifts

FROM THE

# TO FEED



**A FISH NET . . . . . \$15**

Fishing provides a stable and nourishing source of food for many people throughout the world. Proper equipment like fish nets and the cultivation of healthy fish stocks make this possible.



**A SACK OF POTATOES . . . . . \$30**

Native potato varieties are well suited to growing conditions in the Andean regions of Bolivia and Peru and are a good source of nutrition for people living there.

# Heart

## FAMILIES



**A FLOCK OF CHICKENS . . . . . \$45**

Whether grown as fryers or laying hens a flock of chickens provides an important source of protein and a way for families to also generate income.

*Perfect for that special pair in your life who are getting married or celebrating an anniversary*



**A PAIR OF GOATS . . . . . \$60**

Goats provide milk for drinking, manure for gardens, and meat for eating. Given in pairs, goats are a gift that keeps on giving as they reproduce and multiply.



# Gifts

FROM THE

# TO FEED



**A GARDEN . . . . . \$75**

With garden tools like rakes, hoes, shovels and wheelbarrows, as well as seeds and training in organic agriculture, communities are better equipped to produce their own nutritious food.



**A BAMBOO GRANARY . . . . . \$250**

These structures allow farmers to successfully store their harvest, ensuring the availability of food throughout the year and seed for planting in the coming season.

# Heart

## FAMILIES



TWO COWS & A PLOUGH . . . . . \$500

While Canadian farmers rely on tractors and cultivators to till their land; farmers around the world use oxen to pull their ploughs. This allows them to more efficiently use the land for food production.

# Gifts

FROM THE

# TO PROVIDE



*Perfect for saying thank you to those teachers who have made a positive impact on your life.*



**TRAINING FOR TEACHERS . . . . . \$20**

Training teachers is the first step in equipping children and adults in literacy and basic education. Support teacher training programs to improve the quality of education.

# Heart

## KNOWLEDGE



### **BUSINESS SKILLS . . . . . \$100**

Women's groups in India provide support to one another through small loans extended to members of the group. Training in micro-finance practices like saving money, opening a bank account to collect interest, creating business plans and administering loans among members give these women the skills to succeed.



### **A SOLAR LIGHTING PANEL FOR STUDY AREAS . . . . . \$320**

When the sun sets at 6 p.m., having light to study in the evening means young people are better able to advance in their schoolwork. Students who gain valuable knowledge and skills are better equipped to be leaders in their communities.

*Gifts* FROM THE  
TO IMPROVE



A MEDICAL KIT . . . . . \$50

Help supply needed medical equipment to village health care providers, including a stethoscope, a blood pressure monitor and an infant scale.

# Heart

## VE HEALTH



**A WATER QUALITY TESTING KIT . . . \$500**

Safe, potable water is vital for good health. Training and testing equipment helps communities monitor streams and other water sources for possible contaminants.



# Gifts

FROM THE

## TO PRESERVE CREATION



**A FUEL-EFFICIENT STOVE . . . . . \$20**

In areas where firewood is scarce, cooking methods that use fewer sticks are of great value. These clay stoves use one-third less wood and the improved heat transmission cuts cooking times in half.



**A GROVE OF TREES . . . . . \$50**

Planting trees aids in the prevention of soil erosion, replenishes deforested areas and creates shade from the hot sun. Certain varieties can also be a source of food.

# Heart

## TO OFFER SERVICE



*Busy parents can always use a helping hand—this makes a great gift for honouring the birth of a child.*



**A HELPING HAND . . . . . \$75**

Time and service volunteered by Canadians brings valuable skills and expertise to people in need overseas. Your support assists volunteers with travel and living expenses while they freely offer their service to others.





# Gifts

FROM THE



## A WE CARE CHRISTMAS KIT

*A great project for the Advent season!*

Assembling a special CLWR Christmas Kit is one of the best ways to ensure that your gifts are received by people in need. For over 62 years Canadians have put their trust in CLWR's ability to deliver material goods that improve quality of life, precious gifts to those who need them most. This expression of your Christmas joy will be distributed to those in need in CLWR's upcoming shipments overseas.

Order your We Care bags today and make the CLWR Christmas Kit—a children's kit with a special toy:

- 1 toy (rubber/foam ball or plush toy, any size. No hard or painted toys, please.)
- 1 large writing pad (8 by 10 inches or 20.3 by 25.3 cm)
- 5 unsharpened pencils, 1 pencil sharpener
- 1 eraser
- 1 metric ruler
- 1 bar soap (new and wrapped)
- 1 toothbrush (no toothpaste)
- 1 hand towel (about 26 inches or 66 cm long)
- 1 wash cloth
- 1 small wide-tooth comb
- 1 pocket pack of disposable tissues

Arrange all items, except the toy, on the writing pad and place in a We Care bag. Fold over the top of the bag and secure with masking tape. Label the package by writing "Children's Kit" on tape. Then attach a new toy using tape, ribbon, string or a rubber band to the outside of the We Care bag.

Due to new international regulations and standards it is imperative that all kits contain only the items listed. Your care in following these instructions will save CLWR time and money required to examine kits to ensure conformity.

Send kits to: Canadian Lutheran World Relief  
1080 Kingsbury Avenue, Winnipeg MB R2P 1W5

Shipping labels can be downloaded at  
[www.clwr.org/WeCare](http://www.clwr.org/WeCare)

# Gifts

FROM THE

# Heart



Welcome to your new, 2008-09 edition of the Gifts from the Heart catalogue! Inside are many interesting and wonderful gift ideas you can choose from that will

directly support life-saving and life-changing global development work in the coming year.

Use this catalogue whenever the need arises to give someone a unique gift: Christmas, Easter, birthdays, confirmation and anniversaries are just some examples.

Canadian Lutheran World Relief (CLWR) and Lutherans across Canada work as partners to alleviate human suffering and bring a higher quality of life to thousands of people annually.

With over 62 years in service, CLWR has earned a reputation for delivering effective humanitarian assistance and has reviewed these symbolic gifts for their usefulness in today's global environment. You can be confident that every gift you select from this catalogue will make a real difference in the lives of the beneficiaries!

*Robert Granke*

Robert Granke  
Executive Director



## FOUR CORNERS

*Four Corners, CLWR's alternative trade program, is also a wonderful source for all your gift-giving needs.*

By purchasing a gift from Four Corners, you are creating a sustainable livelihood for artisans in the developing world. Your purchase pays artisans a fair price for their goods which improves quality of life by enabling them to provide food for their families, pay school fees for their children, and more.

Four Corners merchandise is available at consignment sales held across Canada and in each of CLWR's Canadian offices in Vancouver, Winnipeg and Toronto. You can now also shop online at [www.clwr.org](http://www.clwr.org).

## ORDER YOUR GIFTS NOW!

For fastest delivery select your gifts online at [www.clwr.org](http://www.clwr.org) and send a free e-card to your recipient.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone (    ) \_\_\_\_\_

Email \_\_\_\_\_

Please check here if you do not want your name, donation amount or donation focus listed by CLWR on its website or in its publications.

### METHOD OF PAYMENT:

Cheque is enclosed (*Make the cheque payable to CLWR*)

Amex    Mastercard    Visa \_\_\_\_\_

Card No. \_\_\_\_\_

Expiry Date \_\_\_\_\_

Signature \_\_\_\_\_

Mail this form and donation to:  
CLWR  
1080 Kingsbury Avenue,  
Winnipeg MB R2P 1W5