Gifts from the Heart

2019–2020 GIFT CATALOGUE

Look inside to see how your Gifts from the Heart will change lives!

Canadian Lutheran World Relief
Gifts from the Heart

Your Gifts from the Heart share God’s love with the world and make a meaningful difference in people’s lives. In this year’s catalogue, you’ll find gifts suitable for any occasion that will inspire and delight your family, friends and loved ones. Thank you for giving Gifts from the Heart — by doing so, you are creating a world where all people can live in justice, peace and dignity.

Karin Achtelstetter, Executive Director

Here’s how it works!

1. You choose just the right gift for that person on your list, like a pair of goats or a flock of chickens!
2. We’ll send you a beautiful card you can share with your loved one to tell them about the special gift made in their honour.
3. Your gift changes lives — thank you!

3 ways you can give Gifts from the Heart today:

1. Fill in and return the enclosed order form in the envelope provided.
2. Give safely and securely online at www.clwr.org/GFTH
3. Call toll-free: 1.800.661.2597

We’re working with people around the world to determine what they need to be self-sufficient, and your gifts are a critical part of empowering them to live in justice, peace and dignity. All gifts featured in Gifts from the Heart represent real items from our work around the world, and the symbolic gift you choose from Gifts from the Heart will help support communities with the items they need most. Charitable donation receipts are issued to the donor for all gifts.
Where needed most

Our mission
Inspired by God’s love, we respond to poverty and injustice, and we challenge their root causes.

By giving to where needed most, you allow us to carry out that mission quickly and effectively, all around the world.

Symbol key

New gift

Matched gift
Your gift goes farther thanks to matching funds!

Green gift
These items are helping people adapt as the climate changes.

Emergency response fund
When disaster strikes, it’s your gift that will allow us to respond. Your gift, of any amount you choose, will respond immediately to people in emergency situations around the world.

$Your choice

Refugee sponsorship
What would “welcome home” mean to you if you were forced to leave everything behind? Your gift will help settle refugees right here in Canada, providing a caring community and a “welcome home”.

$Your choice

Emergency food
Give life-saving food to a family in an emergency. When disaster, drought or famine strikes, your gift will allow our local partners to immediately get life-saving food to families facing severe malnutrition. Your gift will be matched 4:1!

$20

$Your choice

Assistive devices
Life in a temporary settlement is especially hard for people with disabilities. By giving a mobility aid to a person living with a disability, you share improved quality of life and help restore dignity.

$85

$Your choice
Share the gift of food

Seeds
Hope grows from the smallest seeds! For people starting over after drought, disaster or war, seeds provide healthy food and the ability to earn an income. Your gift can become a full garden for two families!

- **Seeds**: $50

Garden tools
Your gift of garden tools like spades, rakes and hoes will help families grow gardens full of healthy food to eat and sell at the market.

- **Garden tools**: $75

Crop know-how
Give training to farmers so they can grow more food to feed themselves, their families and their communities.

- **Crop know-how**: $100

Fight drought
In Ethiopia, drought has put farmers at risk of losing their livelihoods, with many forced to leave their homes. Your gift can give farmers hope through the construction of irrigation canals that will connect farmers’ fields to a steady water supply.

- **Fight drought**: $250

Symbol key: ★ New gift ▪ Matched gift ▶ Green gift
Water purification device

A water purification device gives a displaced family clean water for cooking, drinking and washing, and reduces the risk of waterborne disease.

$17

Clean water for a family in Yemen

In Yemen, more than 17 million people don’t have clean water. Your gift will help rehabilitate a community water source, outfitting it with a solar-powered system to give families safe, clean water from a sustainable source.

$80

Build a latrine

Your gift provides a refugee family with the materials to build their own latrine, improving health, hygiene and safety for the whole family.

$200

Clean drinking water for a community

Everyone should be able to get enough clean water to meet their daily needs. You can build a well in a refugee settlement, which will provide refugees the life-giving water they need.

$2000
Let your little ones share in the joy of giving with our Tiny Hearts garden! Choose gifts from this page for the Tiny Hearts in your life, and you'll help give a family everything they need to grow their own food. Here are some great gift ideas to bring your little one joy and let them be part of changing lives around the world.
Let your little ones share in the joy of giving with our Tiny Hearts garden! Choose gifts from this page for the Tiny Hearts in your life, and you’ll help give a family everything they need to grow their own food. Here are some great gift ideas to bring your little one joy and let them be part of changing lives around the world.

- **Chicken** $5
- **Bees** $5
- **Trees** $5
- **Seeds** $5
- **Water jug** $8
- **Garden tools** $12
- **Goat** $35
- **Whole garden** $75

Tiny Hearts
Oxen and plough

Your gift of oxen and a plough will make life easier on the farm. Oxen and a plough speed up the task of tilling fields, making more time for other activities like attending school.

Flock of chickens

Families who’ve had to flee their homes need a way to generate income again. Help a family start a small chicken farm, which gives them eggs, meat and a way to build a livelihood.

Pair of goats

Goats meet many needs — their milk, cheese and meat add healthy protein to diets, and their young can be sold to pay for education, housing and healthcare, or given to other families in the community.

Start-up money

Start a business! Your gift becomes seed money for a Village Savings and Loan Association, giving displaced families a chance to start a business to meet their family’s basic needs.

Symbol key:  
☆ New gift  4x Matched gift  ♻ Green gift
Hygiene kit
You can provide refugees and displaced people with basic toiletries like soap, a toothbrush and a washcloth.

$20

A safe birth
Give a gift of health and hope for mothers and their newborns! Your gift will help provide delivery beds, postdelivery beds and supplies to over-stretched health centres in Northern Uganda.

$50

Mobile clinics
In the West Bank, your gift can provide life-saving medical care by supporting a unique mobile mammography clinic and mobile diabetes clinic.

$75

Dialysis for a child
Giving dialysis to a child with kidney disease can save their life. Your gift provides treatment for kids at Augusta Victoria Hospital.

$500
Give women the opportunity to thrive

Technical scholarship
Give a young woman in the West Bank a scholarship so she can attend technical or vocational school. In a region facing chronic poverty and unemployment, you can help launch a young woman’s career this year!

$750

Dignity kit
In Myanmar, most women who are displaced can’t get basic menstrual health items, which stops them from leaving their homes, going to school or work. When you give the gift of a dignity kit, which includes soap, underwear and sanitary pads for women, you’re giving them an equal opportunity to work and learn.

$15

Women in business
In Uganda, many single mothers are displaced and don’t have a stable source of income. Your investment in an aspiring entrepreneur will equip her with what she needs to start a business.

$100

Solar lights for safety
In refugee settlements, women and girls are particularly vulnerable. Make sure community water sources, latrines and other public areas are well lit by installing a large solar light to keep women and girls safe.

$100

Skills training
Your gift will help displaced women in Myanmar receive skills training so they can find jobs and become self-reliant.

$500

Symbol key: New gift 4x Matched gift Green gift
Living and learning kit
Help children grow into their potential, today and in the years to come. A kit includes tools for learning like pencils, crayons, notebooks and toys, and also health items like soap, a toothbrush and toothpaste.

$15

Soccer ball and pump
Give children the chance to play! Soccer balls are a prized item for children living in refugee camps or displaced person settlements.

$35

Train a teacher
Helping teachers develop their skills benefits everyone they teach. Bring hope and learning to children and adults by supporting the educators who make schooling possible.

$75

Girls’ vocational camp
Send a Palestinian girl to camp, where she will get hands-on experience exploring career options and discovering her abilities outside of traditional roles.

$500

Equip a school
Having safe, healthy spaces to learn and play is vital for children to grow and thrive. Your gift will renovate schools, giving students the foundation they need for a strong and vibrant future.

$250
This year George and Marilyn Haugen are giving a **Gift from the Heart** in memory of their daughter, Melanie, who passed away suddenly in August 2017.

“Melanie had a very strong sense of justice for women and giving them a chance,” says Melanie’s mother, Marilyn. “She was a supportive mentor to many young women as they got started in their careers.”

Melanie is remembered by her family as someone with a vivacious spirit, who possessed great strength, determination and a lifelong thirst for knowledge. By making a legacy gift in her honour, Marilyn and George know Melanie would be proud to give women and girls the opportunity to expand their own knowledge and reach their full potential.