

A photograph of an elderly man with a grey beard and mustache, wearing a brown traditional garment, holding a small white goat with brown patches. The background is a dry, outdoor setting with trees. The image is decorated with white starburst graphics.

Gifts from the *Heart*

2026 Christmas
Catalogue



Canadian Lutheran
World Relief

Special 80th anniversary edition



Hi I'm Brae, your guide to this year's special edition of Gifts from the Heart! I'm named after a very special ship called the Beaverbrae that brought thousands of people to safety in Canada after the Second World War. Next year we're celebrating the 80th anniversary of the very first time it sailed — it's so exciting! That's why this year's Gifts from the Heart has special items that help care for people who had to leave their homes because of wars or disasters. Just look for the little present icon to find my picks for gifts that help displaced people. Thanks for celebrating this anniversary with me by giving Gifts from the Heart this Christmas!

How it works

1. You choose just the right gift for that person on your list, like a pair of goats or a flock of chickens!
2. We'll send you a beautiful card you can share with your loved one to tell them about the special gift made in their honour.
3. Your gift changes lives — thank you!

Three ways to give!

- Fill in and return the enclosed order form in the envelope provided.
- Choose gifts now at clwr.org/GFTH
- Call toll-free: 1.800.661.2597

We're working with people around the world to determine what they need to be self-sufficient, and your gifts are a critical part of empowering them to live in justice, peace and dignity. All gifts featured in Gifts from the Heart represent real items from our work around the world, and the gift you choose from Gifts from the Heart will help support communities with the items they need most. Charitable donation receipts are issued to the donor for all gifts. CLWR is grateful for the support of the Government of Canada for its programs.

Give hope in crisis

Emergency food

Give life-saving food to a family in an emergency. When disaster, famine or conflict strike, your gift will get life-saving food to families.

\$20

Matched 4x

Warm blankets

When people leave home fleeing wars or disasters, sometimes they only can take the clothes on their backs. Your gift will help keep families warm with new blankets.

\$50

Shelter for refugees

People fleeing disasters or wars desperately need a safe place to live. Your gift helps provide emergency shelter to people who've had to flee — especially more vulnerable people like single mothers or people with disabilities.

\$50



Hygiene kit

When people have lost their home or had to flee, they don't usually have hygiene supplies like toothbrushes or soap. Your gift will provide supplies to help a displaced family maintain health and hygiene.

\$20

Give emergency help that lasts

Emergency response fund

Your gift could be life-saving when disaster strikes and every hour matters. A gift to this special fund helps us make sure our partners can respond without delay with water, shelter, medical care and more.

\$ YOUR CHOICE



Trauma counselling

The stress and trauma from living through conflict or disasters can affect people for years to come. This gift provides counselling and other mental health support to help people cope and recover.

\$60

Mobile clinics

As families in the West Bank face increased violence, your gift will help our partners at Augusta Victoria Hospital bring vital health care to people in need through their mobile mammography and diabetes clinics.

\$75

Emergency cash support

When war or disaster strike, families often leave everything behind. This gift gives one family money they can use to pay for their most essential needs, things like medicine, shelter, food and clean water.

\$200



Pair of goats

Goats meet many needs — their milk, cheese and meat add healthy protein to diets, and their young can be sold to pay for education, housing and health care, or given to other families in the community.

\$70

Matched 3x

Fishing kit

We're working with local fish nurseries to ensure healthy stocks of fish in the Lake Chad region. As families adapt to a changing ecosystem, give someone the tools to earn an income and a source of food for their family!

\$10

Give opportunity



Flock of chickens

Help a family add chickens to their farm, which will give them eggs, meat and a new way to earn income.

\$45

Matched 3x

Start a livestock farm

Give a family the start of a new life with a rooster and four hens, five sheep, four goats, a dairy cow and an ox for farming.

\$1,200

Matched 3x

Tiny hearts

When people have to live in a refugee camp, or leave their homes, it's hard for families to get everything they need. Can you help get them supplies like a water jug to collect clean water, blankets to stay warm at night or medicine for when they get sick? Or you can share fish to cook for supper, goats to start earning money again or school supplies so kids can get back to learning.



\$4

Fish



\$5

School supplies



\$6

Water jug



\$8

Blanket



\$10

Medicine



\$14

Goat

Matched 3x



Give clean water

Emergency water

In crowded refugee camps, or shelters, clean water saves lives. Your gift will provide a family with a safe source of water while they get through crisis.

\$30

Build a latrine

Latrines help keep waste out of drinking water. Your gift provides materials for a refugee family to build a latrine, improving health for the whole family.

\$200

Clean drinking water for a community

Everyone should be able to get enough clean water to meet their daily needs. You can build a well in a refugee settlement, which will provide a whole community with water for drinking, cooking and hygiene.

\$2,000



Water pipeline

We're building a water pipeline in Amhara Ethiopia, a region that has experienced years of conflict. Your gift adds 10 meters to a pipeline that will bring clean water to three towns.

\$170

Help women build their future

Dignity kit

Many women who are displaced can't get basic menstrual health items, which stops them from going to school or work. The gift of a dignity kit, which includes soap, underwear and sanitary pads, gives them an equal chance to work and learn.

\$15

Women's counsellor

Provide counselling for a woman who has experienced violence and help her get connected to other services to recover and rebuild her life.

\$50

Safe space for women

Help us give women a community space where they can receive support, security, skills training and trauma care after they've been displaced by violence.

\$200



Women in business

Many displaced people are single mothers who don't have a stable source of income. Your investment in an aspiring entrepreneur will equip her with what she needs to start a business.

\$100

Matched 3x



Give the gift of food



Crop know-how

Give training to farmers so they can grow more food to feed themselves, their families and their communities.

\$100 Matched 3x

Seeds

Hope grows from the smallest seeds! Your gift will provide farmers with seeds so they can grow drought resistant crops, which means food for their families and new income. Your gift can become a full garden for two families!

\$50 Matched 3x

Garden tools

Your gift of garden tools like spades, rakes and hoes will help families grow gardens full of healthy food to eat and sell at the market.

\$75 Matched 3x

Fight drought

As rainfall becomes less reliable, your gift can give farmers hope through the construction of irrigation canals that will connect farmers' fields to a steady water supply.

\$250 Matched 3x



Refugee sponsorship

Eighty years ago CLWR was started when Lutherans offered a new start in Canada for people displaced by war. Continue the tradition with a gift to our refugee sponsorship program.

\$ YOUR CHOICE

Hope for children in Nicaragua

In Nicaragua, young learners can't thrive if they're hungry at school. Your support provides a healthy lunch at school, with beans, eggs and veggies, plus classroom supplies for students and teachers!

\$ YOUR CHOICE



Where needed most

Not sure what to choose? Your gift to Where Needed Most will allow us to respond quickly and effectively wherever it's needed, challenging poverty and injustice around the world in Jesus' name.

\$ YOUR CHOICE



Gifts from the Heart colouring contest!



We're excited the GFTH colouring contest is back for another year! Around the world, millions of people have had to leave their homes because of wars or disasters. Thanks to support from Charitus*, you can help! Colour in a scene from a refugee camp, and you could win up to \$500 to spend donating items from our Gifts from the Heart catalogue and a small prize pack!

Print the colouring page at **clwr.org/colourcontest**, and email a photo of your

completed picture to **churches@clwr.org** by December 13, 2026, along with your name, age, city and home church. Winners will be contacted via email the week of December 14th.

*The donation prizes are sponsored this year by Charitus, a foundation that advances generosity through faith-based, ethical investing, charitable giving, and stewardship to support Lutheran communities and build a more just and sustainable world.



**Canadian Lutheran
World Relief**

400 - 185 Carlton Street
Winnipeg, MB R3C 3J1 Canada

PHONE: 204.694.5602
TOLL-FREE: 800.661.2597
FAX: 204.694.5460
EMAIL: clwr@clwr.org

www.clwr.org/GFTH

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Charitable donation receipts are issued to the donor for all gifts.