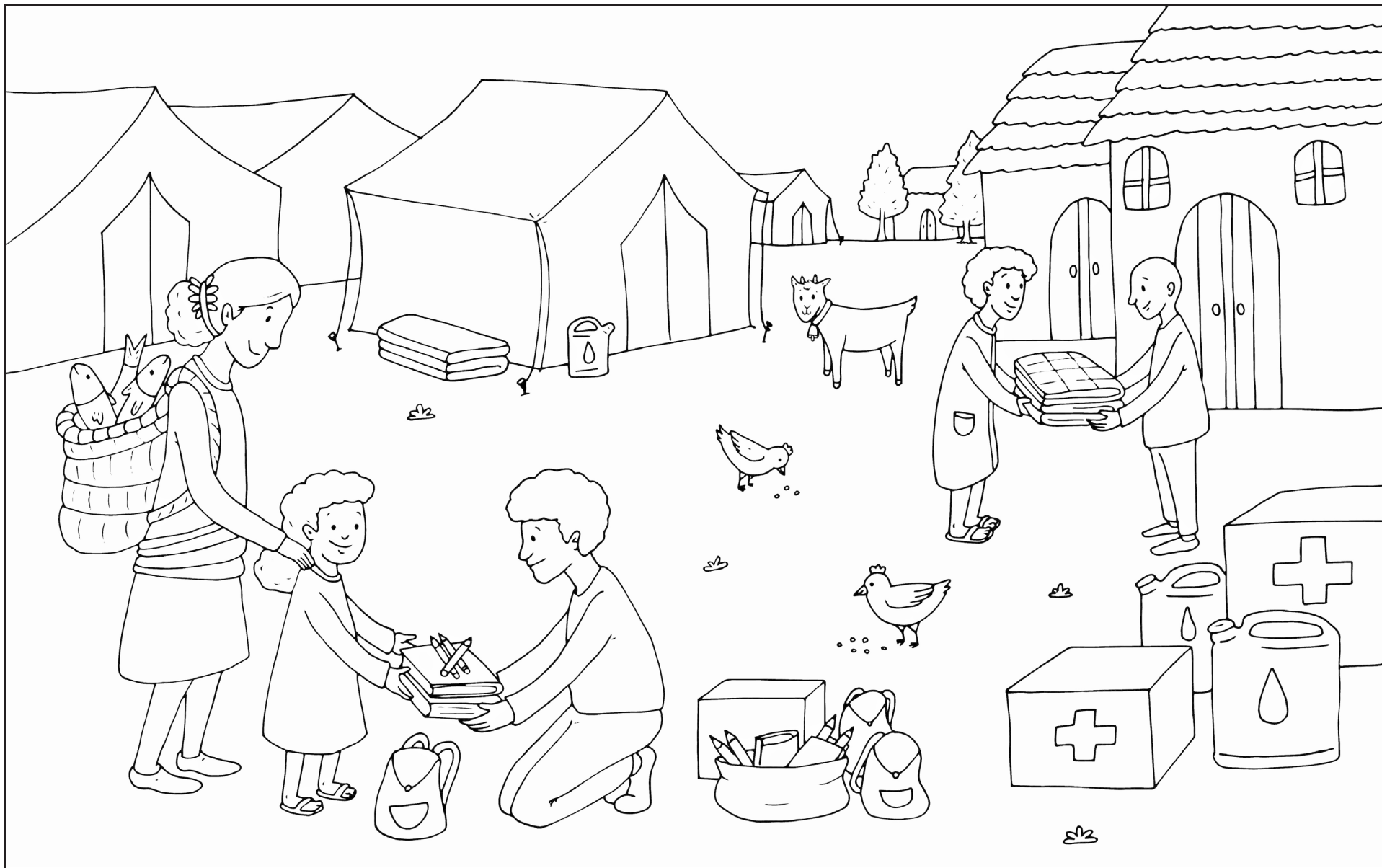




When people have to leave home or live in a refugee camp it's hard for families to get everything they need. This illustration shows some ways you can help through Gifts from the Heart. You can give people a water jug to collect clean water, blankets to stay

warm at night or medicine for when they get sick. Or you can share fish to cook for supper, goats to start earning money or school supplies so kids can get back to learning. Find Gifts from the Heart online at [clwr.org/gfth](http://clwr.org/gfth). (Illustration by Farideh Saffari)