# **ACTION SUGGESTIONS**

As part of the Friends of Creation Challenge, your congregation is invited to choose one action that helps care for creation in your everyday life. You can pick something from the list below—or come up with your own! Whether it's cutting down on food waste, using less energy, or supporting local farmers, every small step makes a difference. Don't forget to document your action—photos, videos, testimonials—and share the stories with us so we can celebrate your impact and inspire others!

## AROUND THE CHURCH

- Start a "Green Team" at church
  - Gather a small group to look at your congregation's impact on creation!
- Plant something together
  - Grow herbs, vegetables, or trees as a congregation, either at church or in members' homes. Connect this to themes of resilience and nourishment.
- Climate justice bulletin board or social media campaign
  - Share short stories, Bible verses, or facts from the Lake Chad region each week during the challenge.
- Car-Free Sunday (or Carpool Week)
  - Have a Sunday where members are encouraged to walk, bike, take transit, or rideshare!
- Become a Greening Faith Community
  - ELCIC congregations are invited to register as a Greening Faith Community. You'll get support to identify annual stewardship of creation goals and to encourage each other in seeking climate justice.
- Local food potluck
  - Host a community meal using locally grown or seasonal ingredients and use it as an opportunity to talk about food justice and climate – and/or, do a meatless potluck!

## FRIENDS OF CREATION | ACTION SUGGESTIONS

- Raise your voices together
  - Pick a day to write letters or postcards together to your MP or other government officials, expressing your support for climate justice!
- Deepen your learning
  - · Host an ongoing Bible study, book club we can provide recommendations!

### AT HOME

- Healthy home habits
  - Provide a list and let everyone pick one adjustment to start with at home—like shorter showers, cold-water laundry, hang-drying laundry, composting, or powering down screens earlier in the evening!
- Green Your Garden
  - Avoid chemical pesticides or fertilizers; plant bee-friendly flowers or herbs.
- Start Composting
  - Try composting kitchen scraps at home—or team up with someone who already does.
- Zero Food Waste Challenge
  - Encourage members to plan meals to use up leftovers and compost food scraps if possible.
- Meatless Mondays (or another plant-based meal day)
  - Encourage members to eat one vegetarian meal a week as a way to reduce emissions linked to meat production.

### AROUND THE COMMUNITY

- Support local farmers!
  - Buy eggs, honey, or produce from a nearby farm or co-op at least once during the challenge or plan a congregational trip to a farmers' market!
- Congregational clean-up day
  - o Organize a community litter pickup near your church, a park, or a local waterway.
- Prayer walk for creation
  - Organize a walk around your neighbourhood or church grounds to pray for people and ecosystems affected by climate change—in your community, and around Lake Chad.